

Fantastic Savings Bring coupon in and Save!

\$10 Meal for 1	\$17 Meal for 2
\$23 Small Family pack	\$30 Big Catch Pack (feeds 4 people)
Phone 5941 8880	



Ph 5941 7055 Shop 18/9 Village Way Pakenham Lakeside Square Shopping Centre





Phone 5909 6432



Phone 5909 6425

South East Spices

Add a touch of spice to your life with the help of Sonia, Sandy and Venky, specialists in Indian and Sub Continental spices and products. South East Spices is a family run business that stock a huge range of spices, lentils, pulses, flours, grains, rices, drinks, frozen products, Bollywood and herbal beauty items.

Come and be inspired, there's something for the everyday cook as well as unique products unavailable in your local supermarkets. They are open from 10 am till 9 pm 7 days a week . For more information please phone 5909 6384





Lakeside Square Shopping Centre - 9 Village Way, Pakenham.

Woolworths





lakeside square

shopping centre

Spring is in the air

Welcome to the 8th issue of Lakeside Square News. Spring has finally arrived and as we look to warmer days ahead we hope you take the time to read our newsletter to discover what's happening in Lakeside Square Shopping Centre and your local community.

The Medical Precinct welcomes new Specialists and General Practitioners as well as some great news about Maternal and Child Health Services. Sun Dental Group offers patients dental sedation, or sleep dentistry. Suitable patients can sleep through their visit, without stress or discomfort, see inside pages for further details.

Our food retailers are offering some great Spring deals and with the huge variety on offer you're sure to find something tasty for everyone in the family to enjoy at the one location. See the back page for takeaway or eat in special offers.

Village Way Cafe has reopened with a bigger kitchen and loads more food options available. Their new mouth watering menu is sure to delight your taste buds, and don't forget to take your \$1 off Coffee coupon you'll find on the inside pages.

Soothing relief at the touch of a button



PAKENHAM DISCOUNT DRUG STORE

DRUG STORES Trading Hours: Mon- Fri: 8am -8pm, Sat: 8am -2pm more than just low prices



uare Shopping Centre - 9 Village Way, Pakenham Issue 8 - September 2014

Time to shine

In August we hosted the Time to Shine Baby Show. Babies up to 4 years of age won trophies, medallions and ribbons, Mums and bubs enjoyed a great day and helped raise money for the The Starlight Foundation. We hope to be hosting more in the future so be sure to go to our website and register for our latest news emails.

Wednesday Markets

The unique 'I Made It Market' at Lakeside Square features products handmade by talented people within our local Community. Stalls range from custom printing, candles & melts, wood work, jewelry, children's products and more. Come down and support your fellow residents whilst doing your shopping. Market runs every Wednesday from 10-5pm. Come down and have a browse at what's on offer. For stall inquiries please contact Donna 0437 787 445.

The Face Book page continues to be a great way to stay up to date and take advantage of upcoming specials and promotions, or sign up to get the latest news emailed to you at our website:

www.lakesidesquareshoppingcentre.com.au

Omron's TENS devices (Transcutaneous Electrical Nerve Stimulators) aid in the reduction and relief of muscular and nerve aches and pains symptoms and improve blood circulation throughout the treated areas. Talk to Pakenham Discount Drug Store today about how Omron's TENS devices can help relive your pain.



*Do not use this device in combination with electronic implants such as pacemakers.

Address: 3/9 Village Way, Pakenham Phone: 03 5909 6399

WALK THRU from Medical Centre



Medical Precinct News

FREE Skin Consultations

Foley Dermatology & Associates are offering FREE skin consultations, please call 9037 7013 for a consultation appointment.

Foley Dermatology & Associates is a family orientated clinic that caters for all age groups from babies to the elderly.

They are Specialist Dermatologists for: acne, hair loss (including scalp/hair disorders, female Hirsutism), Psoriasis, Eczema, Photodynamic Therapy (PDT) and photosensitivity disorders (skin reaction after sun exposure), and UVB (ultra violet light) treatments.

There is also an Aesthetic Clinic for Skin Rejuvenation, Anti Wrinkle Injections/ Treatments, Cosmetic fillers and Skin care consultations.

Occupational Therapist

Occupational Therapist Alethea Leendertz is now consulting at Lakeside Square Medical Precinct, she provides all types of Work Cover related consultations, pre-employment medicals and advice to both employers and employees about occupational health and safety. Please call - 9796 2111 for further information.

New Paediatrician

Lakeside Square Medical Precinct are very exciting to welcome Dr. Melanie Pillay to the team, Melanie's special interests include allergy, psychosocial and developmental paediatrics.



independent studies on the links between paediatric hypertension and childhood obesity.

She has recently published

Melanie has experience across the full spectrum of general paediatrics ranging from neonatal medicine to adolescent health and well being. For appointments call 9037 7010.

Exciting New Service



Cardinia Shire Council in conjunction with Lakeside Square Medical Centre would like to announce that the Maternal & Child Health Service will be operating from September every Wednesday from 11am - 7pm at the Medical Centre. Please call 5945 4250 for appointments.

Welcome new GP's

Lakeside Square Medical Centre would also like to welcome Dr. Didi Zhao and Dr Tania Siddiqui to the team of doctors at Lakeside Square Medical Centre as we continue to expand and provided high quality comprehensive medical care to the Pakenham and surrounding community.

We pride ourselves on providing a caring, friendly environment where patients can expect to receive high quality comprehensive medical care at all times. For appointments call 9796 2111

Podiatry Services

Did you know Lakeside Square Medical Precinct has Podiatry services available? No matter your age or foot care problem please call us on 9947 1947 to arrange an appointment.

FREE Hearing Screens

If you or your family are concerned that you may be losing your hearing, tackling the problem early can improve your hearing, your hearing aid outcomes and your quality of life.

Attune Pakenham are offering all readers (that quote this article) a free, 15 minute hearing screen or even better, a bulk billed, full diagnostic consultation with a Doctor's referral to continue to help raise awareness of hearing in our community! You should consider a hearing assessment if you (or your child) have hearing loss or difficulties communicating, blocked ears, ear infections or ear trauma, concerns about your child's speech development, behaviour or learning, troubles with your balance, tinnitus (ringing in the ears) or noise exposure industrial or social.

Please call Kylie or Sarah on 9037 7001 to schedule your appointment with our audiologist Lisa Summers.

Your Safety is our concern

As part of our ongoing assessment and development program at Lakeside Square Shopping centre and Medical Precinct we will be upgrading the lighting around the centre and in the adjacent car parking areas.

We have also been advised by Metro that the adjoining Cardinia Road Station will have 2 Protective Services Officers stationed there in coming months. This will provide an added security presence at the station and in the surrounding car parks.



Wouldn't it be nice

lakeside square LOTTO & NEWS

S10 OFF your next hair appointment @ POZE SALON *Conditions apply *Valid until 30th November 2014.

> Shop 13/ 9 Village Way Lakeside Square **9036 2119**



Gentle Dental Sedation

Our dentists are exceptional at treating patients suffering from dental phobia; however we understand for severe dental phobia another option is needed. Sun Dental Group is pleased to offer our patients dental sedation, or sleep dentistry. Suitable patients can sleep through their visit, without stress or discomfort.

Visit www.sundental.com.au for more information.



Call us on **5940 4988** to make an appointment or to find out how we can help you.



We are now open 7 days a week serving fresh cooked breakfast and lunch. Enjoy our mouth-watering menu: the breakfast feast, Canadian breakfast, eggs benedict, buttermilk pancakes, Thai chicken salad, VWC beef burger, chicken parmigiana and much more. Don't forget our delicious homemade desserts and gourmet Norgen-Vaaz ice cream.

\$10FF \$1COFFEE

Bring this coupon in and spend \$10 or more on our cooked meals, and you'll receive \$1 off our coffee prices.

> *Valid from 8 September to 21 September 2014

Open 8:00AM to 5:00PM - 7 days a week 15/9 Village Way, Pakenham (03) **5940 4935** www.facebook.com/villagewaycafe